Steepleviews

1	Kerry Buzzell Jackson Deloria Tyler Grant Richard Henry Dylan Prance-Jewell
2	Michael Grant Julie Hirschfeld

- 2 Julie Hirschfeld Amber Holmgren Nicole Holmgren
- Mary Bateman Katie Gokey Beth McNamara Candace Nostrandt
- 4 Diane Tracy
- 5 Janet Pearce Betty Webb
- Mary Dykstra 6 Leo Hughes Serenity Schulz
- 7 Liam Condon Bob King

Bob King

- Morgan Gokey 8 Jacob Grant Gail Nugent
- 9 John Henry Alma House
- 13 Marijke Church
- 16 Peter Penfold Justus Young
- 17 Jetta Kelly
- 19 Dawn Schulz Molly & Scott Harrison
- 20 Jared & Jordin Kelly
- 21 Becky & Matt Addis
- 22 Michael Elwell Les Webb
- 23 Marilee & Wayne Storm
- 24 Emily Lepke Katherine & Randy Johnson
- 27 Donna Phllips Faith & Jack Dulaney
- 28 Rita & Sean Morris
- Randall Johnson 29 Julie Morris Sean Morris
- 30 Gus Gigous



Coming Events

May is Mental Health Awareness Month

- May 5 Cinco de Mayo
- May 11 Benzie Central Schools Pops Concert
- May 14 Mother's Day
 New Member's Day
- May 18 Frankfort Schools Band Concert
- May 20 Mulching Party
 National Armed Forces Day
- May 22 National Maritime Day
- May 25 Dine Out for BACN: Watervale
- May 29 Memorial Day



It had hardly begun....

This Shoe Mission Project has a sense of the ordained, in that it seems to have come at "just the right time." For one thing, I think we all need something to be excited about, even if it is discovering "space" where long-neglected shoes were growing cobwebs and roots. When there is excitement, people come to check it out, and they have begun. A couple from downstate who have a condo at Harbor Lights wandered in on a Saturday and left a few pairs because they saw the flyer on a Frankfort Chamber email. St. Philip's Episcopal Church put out a grocery cart to collect shoes for us, and people are refilling it each week. Lisa Musgrave volunteered, she wasn't even asked if her dental office – would be a collection site! Sue Webber of Webber Insurance asked if her office could be a collection site, AND gave each of her employees \$50 in a contest to see who could buy the most children's shoes with the money – for our mission project. The winner of the contest would get dinner for two at a local restaurant. What unsolicited kindness and generosity!

I figured we'd get a lot of shoes, mainly because it's a genius way for all sorts of people to win that's not been done in this area before. But to go above and beyond, offering and not having to be begged, that's a different sort of excitement. And I hope you all are beginning to feel bits of that excitement, too.

There's a passage - 1 Timothy 6:6-8, The Message - that says, "A devout life does bring wealth, but it's the rich simplicity of being yourself before God. Since we entered the world penniless and will leave it penniless, if we have bread on the table and shoes on our feet, that's enough." Paul is writing to Timothy, the leader of the Ephesian church at the time. He's urging them to be respectful and dignified, drawing people to the faith instead of repelling them, rather than being prideful, inclined to fight, flashy and arrogant. The Bible Recap, Cobble.

Don't get me wrong! I'm not suggesting that any one of us is being any of those negatives. But maybe like me, they catch you, even if just for a minute, to think about where our heart is. But how we underestimate the power of shoes!

Those without adequate footwear may be unable to participate in a society. And shoes can improve quality of life, prevent injury of disease, help with healing for those with chronic foot conditions, offer support for inadequate arches or excess pronation, enable a person to work in hazardous conditions, and yes, even express one's self, or even help land that coveted job.

The website soles4souls.org say, "In the early 1900s, there was an epidemic of hookworms in Mississippi and other rural American states. Improper sanitary facilities in combination with the lack of foot protection lead to the parasitic worm being able to bore itself into a foot in a corkscrew-like manner. Severe illness would ensue after a hookworm infection with anemia being the biggest health concern. However, an educational health campaign reinforcing the importance of wearing shoes and sanitary public facilities helped make hookworms virtually unheard of in the affected areas."

And you were just going to throw those old shoes away. Bring them to church when you can and be part of an exciting thing!

1.) Double mysteries from the Big Apple! This person, when visiting a friend in Baltimore, was in line for another attraction when someone said they had tickets for the Joan Rivers Show, and were not going to be able to use them. Would this lady and her friend like the tickets? Not having to catch their train till the next day, they gratefully accepted. The tickets ended up providing great seats and at one point of the show, Joan walked out into the audience, "close enough to reach out and touch." It was a fun and entertaining show...a once-in-a-lifetime experience. On another trip with the same friend, this same lady jumped



in line fast enough to catch the very first opening show of Phantom of the Opera on Broadway. She loved it so much she ended up seeing it in several other locations afterward. Phantom went on to a 35-year run on Broadway. The "Lady Luck of the Big Apple"? Our very own <u>Judy Grant!</u>

2.) This high school clarinetist was thrilled when during her junior year, her small-town downstate school acquired a baritone saxophone and let her switch instruments. This meant that all at once she was also able to participate in the jazz, pep and stage bands! Although she does not play either clarinet or saxophone today, she has taken up furniture refinishing and upholstery and last winter completed two chairs. She is married to an Eagle Scout, who worked for the same company for 54 years, and volunteered at BACN for 10+ years. In his spare time, he likes to make candy, which is a family tradition. Who is this multi-talented couple? Molly and Bill Frostic!

Prayers Concerns, Thanks and Congrats



To all who are coming to the church on Friday mornings to help us band and bag shoes. The shoe project has the makings of a very successful mission project for us!

- The Weaver Family for providing the delicious baptism cake for fellowship time after Maverick's welcome into God's family
- Myra Elias, Dawn Schulz, and Judy Welch for braving the church attic and clearing items that have been in storage for years.
- Dawn Schulz for doing an exemplary job with getting the shoe mission up and running and keeping her team members informed!

Congratulations!

Ist place in the 4x400 in the Mason County Easter Invitational for Anna Wolfe, Savina Anhalt, Presley Bartley, and Addie Chownyk.



Mike Morris, who has been named the Golf
Association of Michigan (GAM) Superintendent
Award of Merit winner for 2023. He has served the
club for 30 years, from a student intern to his present
position as Superintendent of Crystal Downs Country
Club. The award is bestowed upon a superintendent
who has demonstrated leadership,



professionalism, good character and high standards of conduct through pursuits associated with golf course grounds maintenance and care. For more about this great guy and the award, go to https://gam.org/gam-

superintendent-award-of-merit-michael-morris-of-crystal-downs-country-club/

Prayer Concerns

(+Denotes hospice)	<u>Families of</u>	<u>Cadillac</u>
	John Blessing	Don Bonderenko
Jeff & Kathy Bell	Merle Cromwell	
Jeannine	Susan Denke	Frankfort Sr. Care
Chapman	Syl Disselkoen	Sandy Gill
Steve Chapman	Sarah Esper	
Auggie Freed	Bob McQuilkin	<u>Maple Valley</u>
Sandy Gill Melissa Grant	Terry Money	Steve Elrick+
Arlene Green	Mr. Perroni	
Hazel Hine	Lee Seipelt	Orchard House
Becky Reed Kelly	Jerry Smith	Joanne Brown+
Trever Lee	Doug Vaughn	
Lisa Lempke		<u>The</u>
Don Limer+	<u>Military</u>	<u>Homesteader</u>
Sue Myczinski	Jacob	Mary & Roy
Ron Phillips	Bingham	Pearce
Becky Reed	Tyler Kinney	Bea Stone
Abe Robinson	Ryan Ruddy	
Charlie Seipelt		<u>The Maples</u>
Sandy Symington	Seniors Living	Wayne Knight
Julie VanAntwerp	at Home	Dave Siuda
Carol Webb	Diane Brutzer	Dori Turner
Muriel Williams	Norma Elias+	
John Young	Marilyn Reed+	The Pines
	-	Nora Bungard

- Josie & Luc Williams on the birth of their second daughter, Ivy. Luc and his brother Ben grew up in the church, and Luc is now a youth pastor. Ivy joins sister Cleo.
- Morgan Cole (Jeanne Hafer's daughter) on her engagement to Scott Harris.
- Amanda & Phil Johnson, Polly Herscher's son, and daughter-in-law, on the birth of their son, Magnus Johnson, on April 17.
- Maverick Leroy Weaver's Baptism on April 23.
 Maverick is the great-grandson of Lois Bender and great-nephew of Lori Dougherty.
- Charlotte Jane Henry's Baptism on April 30.
 Charlotte is the youngest of the Cassie and Chuck Henry clan.
- FEAS Girls Track Team won an invitation and beat their rivals by 3 points.

Church Council Highlights

The April 12 meeting of the FCCF Council was called to order at 4:57 p.m. followed by the opening prayer. March minutes were approved.

• Treasurer Scott Harrison reported March offerings to be \$14,669, while budgeted expenses for the month were \$13,436. As of this writing, the church should be able to pay all bills through April without tapping into reserves. It was decided that Scott will create a quarterly report to the congregation regarding the state of church finances. This report will be shared in the church bulletin and in the newsletters.

COMMITTEE REPORTS:

- Memorials Jeanne Hafer reported a \$5000 gift that will be used to cover some missions previously cut from the budget.
- Missions Betty Webb reported that the shoe drive is going very well. Many area churches and other groups are also helping to collect the shoes.
- Outreach Kelly Ottinger thanked Donna
 Phillips for getting the Easter Service posters
 out to area businesses. Thanks also to Al
 Bryant for his Al's Academy and Bill
 Hirschfeld for the Bible Study on April 6.

 Reminder for the next Community Faith in
 Action gathering April 16. April 30 will be
 Bring a Friend Sunday and all-church potluck.

- Property Dinah reported the parsonage boiler has been installed. Tom Hafer is looking at a fix for the drawer pull in the finance office. Jim Buzzell will be painting lampposts and handicapped sign posts. Grit strips will be applied to the front and back stairs of the parsonage, and also the outside stairs of the fire escape at the church.
- Religious Education Bill Hirschfeld reported that his Bible Study was wellattended, and thanked Dinah for providing the visuals to go along with the talk. He hopes to do more in the future.
- Worship Ann Osborn shared that the Maundy Thursday and Good Friday online services were well-attended. The Palm Sunday and Easter services will be both online and in-person, while the Maundy Thursday and Good Friday services will be online only. Thanks to Nancy Reed for sharing her mother's Easter banner. Holy Humor Sunday will now be known as Holy Joy Sunday. Baptisms of Maverick Weaver and Charlotte Henry are coming up. Celebration of Life for Ward Van Houton will be May 5.

With no new or unfinished business, the meeting was adjourned at 5:35 p.m.

Respectfully submitted, Kris Richards, Church Council Clerk.

Quarterly Update from Treasurer Scott Harrison:

In our effort to inform the congregation about church finances, this is our first quarterly comparison of revenue and expenses. The 2023 budget for all expenses is \$155,000. The endowment fund provides \$30,000 in revenue this year. All other revenue is provided by tithes and gifts, and from some miscellaneous fees for church operations. For the three months ending March 31, 2023, total Revenue is \$34,554 and Expenses have been \$49,194, leaving us at a current loss of \$14,640.

For Information and Calendars

CPR Training May 13, 2023 9 AM – 12 NOON



Caregivers, Babysitters, Scouts, Volunteers, Over all good people

Come to the CPR Training Day for information and compression training at <u>no cost</u>. CPR certification is available for \$20. This is open to everyone that thinks they will ever need to know CPR.

Tim O'Connor from heartbeatllc.com will be the instructor.

Registration is required.
Please call the office
882-4922.
Deadline for sign up is May 1st.

* Sponsored by Deacons *





You see MOBBI offered several times each week under "Our Church Life This Week", but exactly is that? MOBBI stands for Move Oriented Brain Body Integration. Instructor MaryAnn leads participants through gentle exercises designed to strengthen the brain/body connection, and increase core strength and mobility. Did you know MaryAnn tithes 10% of her class fees to our church? Days and class times are listed in the bulletin. For more information, please email MaryAnn at mobbi.ma@gmail.com



The Sharing Page

Ramps.

They're just lying there - in the woods. Waiting to be picked up and eaten.

Ramp Tzatziki Recipe

Makes 4 cups, enough for gyros, keftedes, snacking and more

- · 24-ounce container of plain Greek yogurt, about 3 cups
- 1 long English cucumber (the kind that's wrapped in plastic), rinsed
- ½ teaspoon salt, divided
- · 4 sustainably harvested ramps, cleaned
- · 2 Tablespoons freshly squeezed lemon juice, about half a lemon
- 2 Tablespoons extra virgin olive oil 9 fresh mint leaves, julienned, about 2 Tablespoons
- 3 dill fronds, chopped, about 2 Tablespoons
- ½ teaspoon ground sumac





Clutter Free in 30 Days

DAY 1 // television stand

DAY 2 // book collection

DAY 3 / movies and cd's

DAY 4 // bathroom cabinets

DAY 5 // shower toiletries

DAY 6 // makeup

DAY 7 // jewelry

DAY 8 // purse and wallet

DAY 9 // hallway closet

DAY 10 // bedroom end tables

DAY 11 // your clothes

DAY 12 //your spouses clothes

DAY 13 // your kids clothes

DAY 14 // kid toys

DAY 15 // office desk

DAY 16 // fridge

DAY 17 // freezer

DAY 18 // medicine cabinet

DAY 19 // under the kitchen

DAY 20 // utensils

DAY 21 // dishes

DAY 22 // pots and pans

DAY 23 // tupperware

DAY 24 // pantry

DAY 25 // spices

DAY 26 // junk drawers

DAY 27 // cleaning supplies

DAY 28// craft room

DAY 29 // other closets

DAY 30 // other cabinets

May

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 12:30 p.m MOBBI Kerry Buzzell Jackson Deloria	2 8:30 a.m. MOBBI 4:00 p.m. Outreach Meeting Michael Grant Julie Hirschfeld	3 10:15 a.m. MOBBI (& 3:15 and 5:30) 10:30 a.m. Worship Meeting Mary Bateman Katie Gokey Mariah Manning Beth McNamara	4 8:00 a.m. MOBBI 9:30 a.m. Yoga 11:10 a.m. MOBBI 4:00 p.m. Property Meeting	5 10:30 a.m. Shoe Bagging/Tagging	6 11:00 a.m. Ward Van Houten Celebration of Llfe
	Tyler Grant Richard Henry Dylan Prance-Jewell	Amber Holmgren Nicole Holmgren	Candace Nostrandt	Diane Tracy	Janet Pearce Betty Webb	Mary Dykstra Leo Hughes Serenity Schulz
7 9:15 a.m. Choir 10:30 a.m. Worship	8 12:30 p.m MOBBI	9 8:30 a.m. MOBBI	10 10:15 a.m. MOBBI (& 1:30 and 5:30) 5:00 p.m. Council	11 8:00 a.m. MOBBI 9:30 a.m. Yoga 11:10 a.m. MOBBI	12 10:30 a.m. Shoe Bagging/Tagging	13
Liam Condon Bob King	Morgan Gokey Jacob Grant Gail Nugent	John Henry Alma House		7:00 p.m. Benzie 🧳 👌 Central High School Pops Concert		Marijke Church
14 9:15 a.m. Choir 10:30 a.m. Worship	15 12:30 p.m MOBBI	16 8:30 a.m. MOBBI	17 10:15 a.m. MOBBI (& 1:30 and 5:30)	18 8:00 a.m. MOBBI 9:30 a.m. Yoga 11:10 a.m. MOBBI	19 10:30 a.m. Shoe Bagging/Tagging	20 10:00 a.m. Mulching Party: All Are Welcome National Armed
Sunday Mother's Day	Gail Nugent Jacob Grant Morgan Gokey	Peter Penfold Justus Young	Jetta Kelly	7:00 p.m. FEAS Band Concert	Dawn Schulz Molly & Scott Harrison	Forces Day Jared & Jordin Kelly
9:15 a.m. Choir 10:30 a.m. Worship Jack Strom's Baptism	22 12:30 p.m. MOBBI	23 8:30 a.m. MOBBI	24 10:15 a.m. MOBBI (& 1:30 and 5:30)	25 8:00 p.m. MOBBI 9:30 a.m. Yoga 11:10 a.m. MOBBI	26 10:30 a.m. Shoe Bagging/Tagging	27 National Maritime Day
2:00 p.m. Maples Worship Becky & Matt Addis	Michael Elwell Les Webb	Marilee & Wayne Strom	Emily Lepke Katherine & Randy Johnson	6:30 p.m. Dine Out for BACH: Watervale (reservations required: 231-352-9083)		Donna Phillips Faith & Jack Dulaney
28 9:15 a.m. Choir 10:30 a.m. Worship	29 12:30 p.m. MOBBI Memorial Day	30 8:30 a.m. MOBBI	31 10:15 a.m. MOBBI (& 1:30 and 5:30)			
Rita & Sean Morris	Randy Johnson Julie Morris Sean Morris	Gus Gigous				

Steepleviews

First Congregational Church of Frankfort 431 Forest Avenue Frankfort, MI 49635

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Date	Greeters & Ushers Head Usher: Bill Hirschfeld	Sunday School Teachers
7	Jim Buzzell, Bill Hirschfeld Jim MacKenzie, Chris Porter	Julie Hirschfeld
14	Judy Grant, Alma House, Donna Phillips, Mary Reed	Jim MacKenzie
21	Katherine & Randy Johnson Dawn & Serenity Schulz	Robin MacKenzie
28	Gretchen Classens, Sonia Duffy, Michael & Sharon Grajcar	Becky Addis